MATERIALS

- School library and/or access to information about outdoor winter activities.
- Paper
- Variety of media to access pictures of equipment for outdoor winter activities (e.g. magazines, books, flyers, online pictures)
- Writing utensils (e.g. pencil, pen)

ACTIVITY NAME:

POV; POINT OF VIEW

LEAD UP TO:
Alpine Skiing/Cross-Country Skiing/ Guided Snowshoeing/ Snowboarding

DIVISION:
Middle

CURRICULUM CONNECTIONS

Curriculum Connections

LANGUAGE

Writing and Representing

Nova Scotia

Outcome: Learners will implement speaking and writing strategies for effective communication in relation to audience and purpose.

Newfoundland & Labrador

Students will be expected to interpret, select, and combine information using a variety of strategies, resources, and technologies.
Students will be expected to respond critically to a range of texts, applying their understanding of language, form, and genre.

New Brunswick

GCO 1. Students will be expected to speak and listen to explore, extend, clarify, Students will be expected to speak and listen to explore, extend, clarify, and reflect on their thoughts, ideas, feelings, and experiences. and reflect on their thoughts, ideas, feelings, and experiences.
GCO 2. Students will be expected to communicate information and ideas effectively and clearly, and to respond personally and critically. clearly, and to respond personally and critically.

Prince Edward Island

GCO 8 - Use writing and other ways of representing to explore, clarify, and reflect on their thoughts, feelings, experiences, and learning; and to use their imagination.

BEFORE YOU GO

Learning Goal

→ Students will use a variety of writing forms to examine perspectives from different points of views.

Minds On Activity:

→ Prepare a variety of pictures of outdoor winter activities. Ensure that the pictures are inclusive, considering activities with and without equipment, cost and accessibility. Example of pictures:
- *Playing in the snow (e.g. building a snow fort, making snow angels or snow people)*
- *Alpine skiing, adapted alpine skiing*
- *Hockey, sledge hockey*
- *Tobogganing or sledding, adapted tobogganing or sledding*
- *Hiking*
- *Skating*
- *Cross-country skiing*
- *Snowshoeing*
- *Snowboarding*
- *Walking*

→ Organize the class into groups of 4-5 students.

→ Have each group choose one picture of the outdoor winter activities.

→ Provide time for each group to look at the picture and list the main equipment that they think is needed in order to participate in the activity. For example, for hockey, sledge hockey:
- *Skates*
- *Sledge*
- *Hockey stick*
- *Net*
- *Puck*
- *Helmet*
- *Pads*

Action Activity

→ Students work individually to choose one piece of equipment that is used for their activity.

→ Provide opportunities for students to learn more about the equipment that is needed for their chosen winter activity (e.g. school library, prepared books/media by the educator). Example educator prompts to extend the learning:
- *Describe how the equipment is worn and/or used in the activity?*
- *Describe the importance of this piece of equipment and how it contributes to the activity.*
- *Are there different types of this piece of equipment and how it can be used in the activity?*

→ Students will write a Point of View journal entry from the perspective of that piece of equipment. Example educator prompts:
- *If this piece of equipment had emotions, describe how you think it may feel throughout the activity.*
- *Describe how the environment may affect this piece of equipment?*
- *How do you think this piece of equipment can get damaged in this activity?*
- *How can this piece of equipment be taken care of to extend its life span?*
- *Describe the senses this piece of equipment may experience before, during and after the activity.*

WHILE YOU ARE THERE

Schools on Snow Activity

Students will experience one of four activities at a Schools on Snow resort: snowshoeing, cross-country skiing, alpine skiing or snowboarding. Resort staff will meet your class, walk students through rentals and equipment. Experienced instructors/guides will provide lessons and/or guide students through trails depending on the activity.

ONCE YOU GET BACK

Consolidation Activity

- Provide time for students to write a Point of View journal entry from a piece of equipment that was used in the Schools on Snow activity.
- When completed, organize class into groups of 2 students and invite them to share their Point of View journal entry with each other.

ALPINE RESPONSIBILITY CODE

THERE ARE ELEMENTS OF RISK THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE. ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A SAFE OUTDOOR EXPERIENCE.

1. Always stay in control. You must be able to stop or avoid people or objects.
2. People ahead or downhill of you have the right-of-way. You must avoid them.
3. Stop only where you are visible from above and do not restrict traffic.
4. Look uphill and avoid others before starting downhill or entering a trail.
5. You must prevent runaway equipment.
6. Read and obey all signs, warnings and hazard markings.
7. Keep off closed trails and out of closed areas.
8. You must know how and be able to load, ride and unload lifts safely. If you need assistance, ask the lift attendant.
9. Do not use lifts or terrain when impaired by alcohol or drugs.
10. If you are involved in a collision or incident, share your contact information with each other and a ski area employee.

Know the Code - It is Your Responsibility

CANADA WEST SKI AREAS ASSOCIATION

Atlantic Snow Resorts Association

ONTARIO SNOW RESORTS ASSOCIATION

maneige ASSOCIATION DES STATIONS DE SKI DU QUÉBEC

08/2023

CROSS COUNTRY RESPONSIBILITY CODE

THERE ARE ELEMENTS OF RISK THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE. REGARDLESS OF HOW YOU DECIDE TO USE THE TRAILS, ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A SAFE OUTDOOR EXPERIENCE.

1. *Always check posted trail conditions.*
2. *Ski in indicated direction and obey all posted signs and warnings. Keep off closed trails.*
3. *Always ski to right when meeting on-coming skiers.*
4. *Yield the track to faster skiers and skiers calling 'track'.*
5. *Ski in control. On two-way trails descending skiers have the right-of-way.*
6. *Do not stop where you obstruct a trail or are not visible to others. Move off the track quickly if you fall or during rest stops.*
7. *Do not litter. Take out what you pack in. Respect all property.*
8. *Report all incidents.*

Know the Code - Be Safety Conscious
It is Your Responsibility

ONTARIO
SNOW RESORTS ASSOCIATION

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